



## Spa Area - Risk Assessment

This risk assessment should be read in conjunction with all other relevant documentation including those listed below.

- COSHH Assessment
- Drowning Policy and Emergency Procedures
- Daily Pool Procedure including Opening and Closing Procedures.
- Water Control and Legionella
- Health and Safety Policy
- Fire Risk Assessment
- General Risk Assessments including serving of food
- Electricity Regulations
- Cleaning and backwash
- The Pool Management System
- The swimming pool complex risk assessment
- All appendixes including plans of the facilities

### Legislation concerned with this assessment includes

- The Health and Safety at Work Act 1974;
- COSHH Regulations 2013;
- The Manual Handling Operations Regulations 2002;
- The Management of Health and Safety at Work Regulations 1999, Managing Health and safety in Swimming Pools.

### Alcohol

The consumption of alcohol prior to spa treatments or the use of spa facilities such as a hot tub, hydrotherapy pool or swimming pool is not recommended as it can increase the risk of dehydration, heat exhaustion and can impact on underlying health conditions and is ultimately an additional safety risk that could lead to an otherwise avoidable incident from change in behaviour. However there is a pool bar. Clients may drink small amounts of alcohol but this is monitored by employees who are trained in first aid and as pool responders. Serving of alcohol is at staff members discretion (suitable information and training to be given)

All clients will be informed of the risks involved of consuming alcohol prior to and during their treatment/use of spa and this should make up part of the rules in which they agree to abide by prior to entering or using the facilities. (a complete terms and conditions covering all such matters including risk and health matters should be read, understood and signed by all clients prior to use – a copy should also be posted on the website)

Although a degree of responsibility is taken by the client to limit their intake of alcohol thought does need to be given in relation to the consumption of alcohol before and during spa activities and the health and safety of those using the facilities; As with any public bar the staff have the right to limit the amounts of alcohol served where appropriate and staff should be aware this option is available to them.

### Unruly Swimmers

Staff should not endanger themselves. (refer to company violence at work policy). Clear the pool of other swimmers and call security or police to assist

At no point will an intoxicated person be allowed access – in the first instance call the person in charge.

CCTV will be monitored and emergency procedures practiced. All facilities to be checked manually every 20 minutes (this should be recorded)

### Health - Higher Risk Clients - Medical Emergencies

There is likely to be an increased risk to the health of clients with health conditions such as heart disease, pregnancy, blood pressure or in some cases older age groups. Clients must sign terms and conditions stating they either do not have a significant medical issue or if they do they will not attempt to enter the high risk areas.

Key employees are aware of the main isolator power switch is to power off in an emergency. Ensure all electrical installations, buildings and storage units are correctly locked when not in use and serviced as required; Ensure lighting is regularly checked particularly prior to the twilight sessions. The spa must not open in poor weather conditions such as electrical thunderstorm or high winds.

A qualified first aider (trained in pool procedures) will be on duty at all times (They will be trained in emergencies likely to happen at a pool side including resuscitation and the injuries to children. Ambulance notified at once. Spinal boards should also be in place; Those with conditions such as epilepsy or heart disorders may only be admitted if continually supervised; RIDDOR forms completed as required after an incident

Extra water stations should be available to help prevent dehydration particularly during warm weather – Give additional advice of overheating and additional fluids on very warm days in hot pool.

Ensure there is a system in place for an emergency procedure including evacuation for fire and chemical incident (refer to the current swimming pool risk assessment for contamination) Suitable first aid personnel and facilities must be available including life-saving equipment. A defibrillator should be available nearby and all spa staff trained in its use.


### Chemicals

All COSHH sheets and training must be in place. Ensure suitable PPE is used correctly; Only fully trained staff will operate and use the dosing equipment.

Water checked as necessary; Pool closure if incorrect levels of chemical or clarity of the water.

Qualified personnel in plant room procedure available at all times. PPE to be worn as necessary (see also relevant COSHH assessment)


### RISK ASSESSMENT: SPA & SWIMMING POOL



Hazard = task/activity and potential to cause harm	Types of injuries which could result from harm	Type and number of people affected	Current control measures in place	How likely is injury with control measures in place?			How severe might injury be if harm occurs?			Risk Assessment Result	Result and Further Control Measures Required/Modification to Risk Assessment	Who to implement further control measures and by which date	Date by which to review (annually unless task changes or further measures required)
				1=Low; 2=Medium; 3=High						7-9 (High) = Stop work immediately 4-6 (Med) = Urgent attention to remove or reduce the hazard or risk where possible 1-3 (Low) = Keep under review			
				1	2	3	1	2	3				
<p>General</p> <p>An outside spa area with pool, jacuzzi, steam room sauna, seating and viewing facilities'</p>  <p>Read in conjunction with swimming pool complex risk assessment and pool procedures document</p>	<p>See individual hazards and also information above.</p> <p>Dehydration, fainting with resulting injuries</p> <p>Drowning</p> <p>Issues with pre-existing medical conditions</p> <p>See water quality and legionella records</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Staff Induction training; Health &amp; Safety Induction training, Risk Assessment training COSHH and on-the-job training is provided.</p> <p>Adequate Supervision provided for the facility; Adequate First Aid supplies; Anti-slip flooring or anti-slip coating used where required &amp; suitable footwear worn by all staff and visitors</p> <p>Suitable lighting and signage is provided &amp; maintained in all areas. fault-reporting system in place with electric faults treated as urgent. (See also slips, trips and falls in general assessment).</p> <p>All cleaning and re filling takes place and all suitable safety measures are taken in relation to chemicals; pool plant and electricity.</p> <p>Slips trips and falls are managed via slip proof flooring, adequate lighting and on-going supervision of the area.</p> <p>No glass or crockery will be permitted to avoid cuts or contamination</p>		X				X	<p><b>Risk Assessment Result = 4</b></p> <p>Signage throughout giving adequate warning and information including slippery floors, no diving and no running.</p> <p>Exposure limits must be displayed.</p> <p>The spa should close during extreme weather conditions.</p> <p>No persons under eighteen or potentially rowdy single sex groups are permitted</p> <p>Use guides should be added to all facilities including medical risks</p> <p>Regular monitoring and blading of the area; Slippery surface signs; Strictly no running and no diving signs</p> <p>All cleaning and re filling takes place and all suitable safety measures are taken in relation to chemicals; pool plant and electricity. Slips trips and falls are managed via slip proof flooring, adequate lighting and on-going supervision of the area.</p> <p>The water in all facilities are subject to regular water testing to ensure the water is of suitable quality.</p> <p>Records are kept from all visits where appropriate measures are taken</p>	<p>Management</p>	<p>Review Annually</p>	



			<p><u>Fire Safety</u>  Management will assist swimmers/clients to evacuate quickly. Changing will not be permitted prior to evacuation. Swimmers should make themselves aware of fire evacuation procedure which will be posted on the changing room walls. Fire extinguishers will be sited in pool area, changing rooms and in the plant room.</p> <p>The area is low risk in regard to fire safety. A procedure is in place to escort all clients to the fire muster point. Robes and footwear will be provided as required.</p> <p>Staff are trained in evacuation procedures</p>						<p>The facility is locked shut when not in use – consider increasing height of surrounding walls and making round the clock checks.</p> <p>A closing down check and sweep of the facility should be made at the end of each session; Consider any lone working issues that may be present. Ensure the area is secure when closed; all hot tubs; pools are checked and then covered when not in use.</p> <p>Limit numbers to avoid overcrowding</p> <p>Further advice will be sought as necessary</p>	
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Further Measures to be considered and implemented.

- The person in charge of maintaining the pool, equipment and chemicals should have an up to date pool plant certificate <https://www.rlss.org.uk/pool-plant-operators>
- An over 'flood light' of the outside area should be fitted for when an emergency procedure may occur
- Consider installing a panic button for emergency situations  
Further signage with advice and safety information should be given for every area; No running, beware slippery floor, Only those who are fit and well should use the cold plunge bath and showers.
- diving in both pools (inside and spa) is required
- Ensure that supervision of the area is constant. The bar staff will observe but a member of the spa team should patrol every facility and the entire area (inside and out; and gym every twenty minutes). This should be recorded.
- Cleaning of stairs and corridor from hotel to spa should be carried out earlier to avoid potential slips.
- Add suitable fresh water to drink and weather protection facilities
- Fit a defibrillator to the area and further medical facilities.
- In very inclement weather the facility (in parts and in whole as necessary) will be closed.
- Add user guides next to all facilities.
- Ensure cleaning schedules and COSHH assessment is completed
- Regular supervision – all units checked every 20 minutes.



Hazard = task/activity and potential to cause harm	Types of injuries which could result from harm	Type and number of people affected	Current control measures in place	How likely is injury with control measures in place?	How severe might injury be if harm occurs?	Risk Assessment Result	Result and Further Control Measures Required/Modification to Risk Assessment	Who to implement further control measures and by which date	Date by which to review (annually unless task changes or further measures required)
				1=Low; 2=Medium; 3=High			7-9 (High) = Stop work immediately 4-6 (Med) = Urgent attention to remove or reduce the hazard or risk where possible 1-3 (Low) = Keep under review		
				1	2	3	1	2	3
Outside 'Hot Pool'  The pool is filled to a depth of 950mm	Drowning Slips Trips and Falls  Over exposure Dehydration, fainting with resulting in serious injuries	Dependent On Business & Maximum Guidance	Limit to exposure of the pool in relation to suggested time  Pregnant women and those with medical conditions such as high blood pressure or diabetes should limit or avoid exposure. (Where appropriate they should take appropriate guidance)  The person on duty within the bar will supervise this area and be trained in first aid and pool procedure; Further supervision.  Water temperature and quality monitored  No glass is used.	X		X	<b>Risk Assessment Result = 6</b>  Consumption of alcohol should be kept to a minimum as the affect from the pool can be problematic. Bar staff will keep vigilance and will, as far as reasonably practical, refuse to serve people with excess alcohol.  A safety buoy for the main hot pool should be made available and any high risk groups or persons should receive particular supervision when using the facilities.  Maximum recommended exposure time guidelines is twenty minutes this should be displayed  Add a user guide and information on medical guidance. Additional supervision.  Read in conjunction with swimming pool complex risk assessment and pool procedures document  See also assessment in relation to suction pump	Management	Review Annually




<p>Outside 'Jacuzzi'</p> 	<p>Drowning Slips Trips and Falls</p> <p>Dehydration, fainting with resulting injuries</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>The person on duty within the bar will supervise this area and be trained in first aid and pool procedure</p> <p>Information and temperature are written on the door although further information should be added</p>	<p>X</p>				<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>The stairs may benefit from some edging or alternate coloured tiling so that potential trips</p> <p>Maximum recommended exposure time guidelines is twenty minutes this should be displayed</p> <p>No one under the age of 18; pregnant or with a heart condition will be permitted in the facility. Warning notices and instructions will be put in place. Regular water testing including that for possible micro-organisms should be made.</p> <p>Read in conjunction with swimming pool complex risk assessment and pool procedures document</p>	<p>Management</p>	<p>Review Annually</p>
<p>Salt Steam Chamber</p> 	<p>Over exposure leading to Fainting Health Issues</p> <p>Dehydration, fainting with resulting injuries of a fall / burns if touching heating element.</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>Check room every 20 minutes when in use.</p> <p>Information and temperature are written on the door although further information should be added</p>	<p>X</p>				<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>See above in relation to consumption of alcohol</p> <p>See operational system of work Maximum recommended exposure time guidelines is twenty minutes this should be displayed</p> <p>Read in conjunction with swimming pool complex risk assessment and pool procedures document.</p> <p>Add water station to ease chance of dehydration.</p>	<p>Management</p>	<p>Review Annually</p>



<p>Herbal Sauna</p> 	<p>Over exposure leading to Fainting Health Issues</p> <p>Dehydration, fainting with resulting injuries of a fall / burns if touching heating element.</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>The person on duty will supervise this area and be trained in first aid and pool procedure</p> <p>Check room every 20 minutes when in use</p> <p>Information and temperature are written on the door although further information should be added</p>	<p>X</p>	<p></p>	<p></p>	<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>See above in relation to consumption of alcohol</p> <p>See Jacuzzi operational system of work</p> <p>Maximum recommended exposure time guidelines is twenty minutes this should be displayed</p> <p>No one under the age of 18; pregnant or with a heart condition will be permitted in the sauna or steam room. Warning notices and instructions will be put in place. Regular water testing including that for possible micro-organisms should be made.</p> <p>Add water station</p> <p>Read in conjunction with swimming pool complex risk assessment and pool procedures document</p>	<p>Management</p>	<p>Review Annually</p>
<p>Pavilion Laconium</p> 	<p>Slips, trips and falls</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>There are two swing chairs in this area a suitable distance apart. The support is thought to be suitable for the weight of an adult. Care should be taken be the individual.</p> <p>The person on duty within the bar will supervise this area to ensure the well-being of clients.</p>	<p>X</p>	<p></p>	<p></p>	<p>X</p>	<p><b>Risk Assessment Result = 2</b></p> <p>Heated beds are to be installed in the future and this will be further risk assessed.</p>	<p>Management</p>	<p>Review Annually</p>

<p>Salt Shed</p> 	<p>Over exposure leading to Fainting Health Issues</p> <p>Dehydration, fainting with resulting injuries of a fall / burns if touching heating element.</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>The person on duty within the bar will supervise this area and be trained in first aid and pool procedure</p> <p>This is supervised and managed by reception for a set time</p>	<p>X</p>	<p>X</p>	<p>X</p>	<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>See above in relation to consumption of alcohol</p> <p>This facility is managed and facilitated for a specific time by the spa reception team.</p> <p>All rules are explained prior to being used.</p> <p>Read in conjunction with swimming pool complex risk assessment and pool procedures document</p>	<p>Management</p>	<p>Review Annually</p>
<p>Panoramic Pavilion</p> 	<p>Over exposure leading to Fainting Health Issues</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>The person on duty within the bar will supervise this area and be trained in first aid and pool procedure</p> <p>This is supervised and managed by reception for a set time</p>	<p>X</p>	<p>X</p>	<p>X</p>	<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>See above in relation to consumption of alcohol</p> <p>Rules outlined with temperature given</p> <p>Heated beds are to be installed in the future and this will be further risk assessed.</p> <p>The aroma of incense stick could be potentially problematic for those with sensitivities or asthma.</p>	<p>Management</p>	<p>Review Annually</p>



<p>Outdoor Beds</p> 	<p>Falling, Cuts, bruises, Burn from fire</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>The person on duty within the bar will supervise this area and be trained in first aid and pool procedure</p> <p>No excess swinging; no signage</p> <p>No crockery or glass allowed in the area.</p>	<p>X</p>	<p></p>	<p></p>	<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>Small electric fires are attached and these should be monitored to ensure the heat does not burn the wood.</p> <p>Do not stand on the beds and do touch signage should also be fixed (patrol of the area should be made to ensure that equipment is not being misused)</p> <p>Add signage</p>	<p>Management</p>	<p>Review Annually</p>
<p>Plunge Pool and Showers</p> 	<p>Over exposure leading to Fainting Health Issues</p> <p>Shock and circulation problems.</p>	<p>Dependent On Business &amp; Maximum number Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure. Those with a heart defect or pacemaker should avoid using facilities with extremes of temperature.</p> <p>The person on duty will supervise this area and be trained in first aid and pool procedure.</p> <p>Do not use plunge shower during very cold weather</p>	<p>X</p>	<p></p>	<p></p>	<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>A warning that only persons who are fit and well should expose to extreme temperatures.</p> <p>Those who are pregnant or have health issues such as a heart defect, diabetes and high blood pressure are not advised to use these facilities (signage and information to be given)</p> <p>No one under the age of 18; pregnant or with a heart condition will be permitted to use this facility. Warning notices and instructions will be put in place. Regular water testing including that for possible micro-organisms should be made</p>	<p>Management</p>	<p>Review Annually</p>

<p>LPG Gas Table x 2</p> 	<p>Burns Fire LPG</p>	<p>Dependent On Business &amp; Maximum number Guidance</p>	<p>Keep all flammable items away from the table.</p> <p>The LPG gas system to be monitored and serviced annually.</p> <p>No flammable items on the table</p>	<p>X</p>				<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>Signage that only staff members should operate this facility. Ensure that switched off when area is not occupied.</p> <p>Ensure no tripping hazards in the vicinity.</p> <p>Ensure LPG bottle is fixed and secure</p> <p>Add signage – hot do not touch</p> <p>On -going servicing - Remove when broken</p>	<p>Management</p>	<p>Review Annually</p>
<p>Indoor Pool</p> 	<p>Drowning Exposure to chemicals Trips, slips, falls (see full pool assessment for additional information)</p>	<p>Dependent On Business &amp; Maximum number Guidance</p>	<p>Safe entry and exit into the pool</p> <p>1.3 meters deep</p> <p>The person on duty will supervise this area and be trained in first aid and pool procedure</p>	<p>X</p>				<p>X</p>	<p><b>Risk Assessment Result = 6</b></p> <p>Regular inspection and checking routine; Life Buoy; Rescue Pole;</p> <p>Suitable signage including that pool is unsupervised; CCTV</p> <p>Medical questionnaires as required All persons to check in and read terms and conditions before use.</p> <p>No unsupervised under 18's</p> <p>Add signage including no running and no diving</p>	<p>Management</p>	<p>Review Annually</p>
<p>Bed Over Pool</p> 	<p>Fall from bed Cuts bruises, drowning</p>	<p>Dependent On Business &amp; Maximum number Guidance</p>	<p>No jumping or enter into pool from the bed? No standing or excess swinging.</p> <p>Ropes are checked regularly</p> <p>No alcohol consumption on t No alcohol permitted before or during session. He bed</p> <p>The person on duty will supervise this area and be trained in first aid and pool procedure</p>	<p>X</p>				<p>X</p>	<p><b>Risk Assessment Result = 4</b></p> <p>Limit number on bed to two</p> <p>Consider surround</p>	<p>Management</p>	<p>Review Annually</p>

<p>Finnish Sauna</p> 	<p>Over exposure leading to Fainting Health Issues Dehydration, fainting with resulting injuries of a fall / burns if touching heating element.</p> <p>Claustrophobia</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>The person on duty will supervise this area and be trained in first aid and pool procedure</p> <p>Information and temperature are written on the door although further information should be added</p> <p><i>See Pool Complex Assessment for further assessment</i></p>	<p>X</p>					<p>X</p>	<p><b>Risk Assessment Result = 6</b></p> <p>Rules outlined with temperature given</p> <p>No alcohol permitted before or during session.</p> <p>No one under the age of 18; pregnant or with a heart condition will be permitted to use this facility. Warning notices and instructions will be put in place. Regular water testing including that for possible micro-organisms should be made</p> <p>Add water stations &amp; Panic Button</p> <p>Check room every 20 minutes when in use</p>	<p>Management</p>	<p>Review Annually</p>
<p>Steam Room</p> 	<p>Over exposure leading to Fainting Health Issues</p> <p>Dehydration, fainting with resulting injuries of a fall / burns if touching heating element.</p> <p>Claustrophobia</p>	<p>Dependent On Business &amp; Maximum Guidance</p>	<p>Limit to exposure of the pool in relation to suggested time</p> <p>Pregnant women and those with medical conditions such as high blood pressure should limit or avoid exposure.</p> <p>The person on duty within the bar will supervise this area and be trained in first aid and pool procedure</p> <p>Information and temperature are written on the door although further information should be added</p> <p><i>See Pool Complex Assessment for further assessment</i></p>	<p>X</p>					<p>X</p>	<p><b>Risk Assessment Result = 6</b></p> <p>No alcohol permitted before or during session.</p> <p>Rules outlined with temperature given</p> <p>No one under the age of 18; pregnant or with a heart condition will be permitted to use this facility. Warning notices and instructions will be put in place. Regular water testing including that for possible micro-organisms should be made</p> <p>Add water station and panic button</p> <p>Check room every 20 minutes when in use</p>	<p>Management</p>	<p>Review Annually</p>