

Covid-19 Coronavirus Employee Quiz

Your Full Name

Your Place of Work

Today's Date

Signature

This quiz is intended as a useful tool to educate employees in the United Kingdom on some of the very basic rules they should follow at work. It is not exhaustive of all information which is readily available on line, neither is it designed to be a difficult or tricky test to pass or fail. Added information is given beneath some questions to underline some important points. Always follow the latest government advice.

Your employer will have to complete a Covid-19 (Coronavirus) risk assessment prior to opening their business which must be reviewed regularly. A copy of this assessment must be made available to you.

Once you have completed the quiz hand into your supervisor or person in charge for marking and feedback.

All answers to the following questions may be found by visiting the websites listed below.

<https://www.gov.uk/coronavirus>

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/hotels-and-other-guest-accommodation>

<https://www.ukhospitality.org.uk/page/UKHospitalityGuidanceforHospitality>

Should you have any queries speak to your supervisor or email tim@macwilliam.co.uk

No liability will be taken by the author of this quiz for any potential misinformation given or harm resulting from it. This test is meant as a basic guide only and not for any qualification needs.

Question 1

For how many days should you self-isolate (quarantine) after showing symptoms of the virus?

- a) A minimum of seven days
- b) Three weeks
- c) Six months
- d) Seventy two hours

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

Question 2

How many days should you self-isolate quarantine for if a member of your household show any symptom of the virus?

- a) Fourteen days
- b) Six days
- c) One hundred hours
- d) Nine weeks

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

Question 3

What is the recommended safe distance to reduce the likelihood of spreading the virus?

- a) Two meters
- b) Ten meters
- c) There is no recommended distance

Question 4

If the recommended safe distance of two meters cannot be achieved at work the government have introduced a "One Meter Plus" rule. But, what does "One Meter Plus" actually mean?

- a) One meter, plus some time calculated with volume of fresh air available
- b) One meter, plus some added distance
- c) If you can't maintain a two-metre distance from someone, you should stay at least one metre apart plus the use of mitigations such as wearing a face-covering or turning you face away from others. There may also be a barrier such as a Perspex screen in place

Question 5

If somebody within the hotel becomes unwell with Covid-19 (Coronavirus) which of the following measures should be taken? – (The following list is not exhaustive and further precautions will be necessary)

- a) No-one should approach the person directly. Technology such as FaceTime should be used instead
- b) Management will offer assistance via 111, doctor or an ambulance as appropriate
- c) The infected bedroom will be locked and quarantined for 72 hours after the guest leaves
- d) Anyone who have been in contact should be immediately informed if possible
- e) No employee should enter the room for any reason
- f) Employees who were in contact with the person should self-isolate for the correct time period.
- g) A specialist cleaning company will deep clean the room before it is used again
- h) All of the above

Question 6

You may be given appropriate Personal Protective Equipment (PPE) including a face mask and gloves. Which of the following are UNTRUE/INCORRECT? (Choose three answers) - PPE must conform to BS Standards

- a) You don't have to wear it if you have had the virus already
- b) You should check all PPE is suitable and fits properly each time you put it on
- c) If PPE does not fit properly you must report this urgently to your supervisor
- d) If you already have certain breathing problems you don't have to wear a face mask
- e) Used PPE may be high risk so must always be disposed of carefully and safely
- f) Masks may only be worn for four hours at a time as any longer might cause breathing problems
- g) Masks must fit properly over the face AND nose at all times to be effective
- h) After safely discarding your PPE wash your hands thoroughly

Question 7

True or False? - There is currently no vaccine available for Covid-19 (Coronavirus)

- a) True
- b) False

Question 8

Which of the following are known symptoms of Covid-19 (Coronavirus) ?

- a) High temperature
- b) Difficulty breathing
- c) A new continuous cough
- d) Loss of sense of taste and smell
- e) Tiredness, headaches, sore muscles, nausea, diarrhoea
- f) All of these and more symptoms have been reported

Question 9

True or False? - If you feel unwell from symptoms you think are **not** related to Covid-19 (Coronavirus) it is permissible to come into work as normal.

- a) True, I love to make my colleagues and customers unwell by spreading my germs everywhere
- b) False, stay away until all symptoms have ceased for at least 48 hours.

There are numerous and varying symptoms so it is advisable to get a Covid-19 (Coronavirus) test before returning to work even if you think it may be from another source

Question 10

Which of the following are correct in relation to hand washing? (Choose three)

- a) You have to sign happy birthday twice while washing your hands
- b) Hand gels are better than soap and water
- c) You should wash your hands regularly throughout the day with soap and water
- d) You should wash your hands for at least twenty seconds each time
- e) It is safer to use paper towels than air drier to reduce the spread of the virus

Wash your hands regularly with soap and water for at least 20 seconds after you blow your nose, sneeze or cough, before and after you eat or touch food and when you return home from being outside; if soap and water is not available, you should use a hand sanitiser, but this should not replace proper handwashing; avoiding touching your eyes, nose and mouth avoiding any contact with people who have symptoms of coronavirus. If you display any symptoms stay away from work.